

2020 CESA Preseason Friendlies COVID-19 Protocol

CESA is committed to taking the necessary precautions to make our event as safe as possible for our players, coaches, and parents. Please read this information closely and let's all work together to keep everyone safe. CESA has taken into account the guidelines set forth by the CDC and SCDHEC in order to make decisions we feel are *feasible* for our environment. Please understand that even with these precautions in place there is still an inherent risk associated with participation.

CESA Responsibilities

- CESA will check the temperature of each CESA staff member and referee upon arrival to the complex each morning. If anyone has a fever greater than 100.4 degrees they will be sent home.
- CESA will staff hydration stations throughout the complex. Only our medical and hydration staff will distribute water before, during, and after matches.
- CESA will provide hand sanitizer throughout the complex.
- CESA will be cleaning the bathrooms throughout the day.
- CESA will provide sanitizing stations outside of all restrooms.
- CESA will provide signage to promote social distancing and masking throughout our complexes.
- CESA will not have benches on the sidelines, rather we will be painting red lines 10 feet apart for players to keep their belongings. Players will be encouraged to go to these spots during breaks in play.
- CESA will mark red lines on the parent sideline as well to promote social distancing and avoid large gatherings before, during, and after matches.
- CESA's Athletic Training Staff will be located throughout the complex under **RED MEDICAL TENTS**. Training Rooms will not be open during this event to minimize risk associated with COVID-19.

Coach Responsibilities

- Coaches are asked to stay home if they are not feeling well.
- Coaches are asked to wear masks at all times while in the complex.
- Coaches are asked to practice social distancing at all times while in the complex and when interacting with players.
- Coaches are asked to reinforce to their players not to share water bottles and to enforce social distancing on the sidelines.
- Coaches are asked to help players avoid huddles, handshakes, and high fives.
- Coaches are asked to bring their own water and water bottles.
- Coaches are asked to bring personal hand sanitizer if they have sensitive skin.

Player Responsibilities

- Players are asked to observe social distancing when not in play (6-10ft).
- Players are asked to keep their belongings on the red painted lines & to go there when not in play.
- Players are asked to wash or sanitize their hands prior to and immediately after each match. As stated above, hand sanitizer will be available throughout the complex during the event.
- Players are asked to wear a mask when seeing our Athletic Training Staff for pregame and postgame needs.
- Players are asked to bring their own water and water bottle. CESA will provide hydration stations throughout the complex if refills are needed but we will not provide water coolers at each field to avoid large gatherings.
- Players are asked to avoid huddles, handshakes, and high fives.
- Players are asked to bring personal hand sanitizer if they have sensitive skin.
- Players diagnosed with or living with a person diagnosed with COVID-19 are strongly encouraged to share that information with their coach and to refrain from attending their upcoming match.

Parent/Spectator Responsibilities

- Parents are asked to stay home if not feeling well.
- *Per the South Carolina Youth Soccer Association (SCYSA), parents are required to wear a mask at all times while at the complex and practice social distancing before, during and after matches.*
- Parents will be encouraged to bring personal hand sanitizer if you have sensitive skin.
- Parents will be encouraged not to gather in large groups before, during, or after matches.
- Parents are asked to exit the sidelines quickly after their child's game is finished so the next parent group can come out.
- Parents are asked to wait until at least 15 minutes before kickoff to exit your vehicle and proceed to the sidelines to avoid large crowds forming.
- Parents are asked to monitor their child for fever, cough, and/or loss of taste or smell in the past 72 hours. If any of these symptoms exist they should not attend the event. No fever reducing agents should be used during this time.

Sample of Signage to be Displayed

SPECTATORS

- Maintain Social Distancing
- Wear Face Masks
- Do Not Enter Field
- Do Not Touch Training Equipment or Game Balls



PROTECT YOURSELF & OTHERS
Protégete y a los demás



**PLEASE WEAR
A MASK**

Por favor, lleva una máscara

COACHES

- Maintain Social Distancing
- Wear Face Masks
- Help Players Avoid Huddles, Hand Shakes or High Fives

