

Guidelines	U6 Co-ed	U8	U10
Game Length	2 – 16 minute halves	2 –20 minute halves	2 – 22 minute halves
Certified Referee	Coaches will be the referees	1 referee from the club	1 referee from the club
Scoring	5-goal rule If a team beats another team by more than 5 goals, consequences will be issued. See Code of Conduct. No Overtime is played.	5-goal rule If a team beats another team by more than 5 goals, consequences will be issued. See Code of Conduct. No Overtime is played.	5-goal rule If a team beats another team by more than 5 goals, consequences will be issued. See Code of Conduct. No Overtime is played.
Code of Conduct	Yes, both parent and coach	Yes, both parent and coach	Yes, both parent and coach
Ball Size	4	4	4
Size of Fields	30' x 50'	40' x 60' with Goalie Box	40' x 68' with Goalie Box
Size of Goals	4' x 6'	6' x 8'	6' x 10'
Corner Kicks	NO	YES	YES
Offside / Penalty Kicks	None	Offside – NO All kicks are indirect	Offside – YES Kicks both direct & indirect
Players on the Field	6 (no goal keepers)	7 (including a goalie)	7 (including a goalie)
Players	<ul> <li>Must be born in 2018 or 2019</li> <li>Can only play for one soccer club per season</li> </ul>	<ul> <li>Must be born in 2017 or 2016</li> <li>Can only play for one soccer club per season</li> </ul>	<ul> <li>Must be born in 2015 or 2014</li> <li>Can only play for one soccer club per season</li> </ul>
Uniform / Numbers	Red (Home) White (Away) Numbers are not required. Can have any #	Red (Home) White (Away) Numbers are not required. Can have any #	Red (Home) White (Away) Numbers are not required. Can have any #
Playing Time for Players	Each player must play at least 16 minutes per game	Each player must play at least 20 minutes per game	Each player must play at least 22 minutes per game
Substitutions	Unlimited substitutions on all throw-ins, goal kicks, following a goal or injury	Unlimited substitutions on all throw-ins, goal kicks, following a goal or injury	Unlimited substitutions on all throw-ins, goal kicks, following a goal or injury
Location of Coaches and Parents	<ul> <li>Coaches &amp; players on one side of the field, parents on the opposite side.</li> <li>Coaches will pick a side &amp; then stay in the corners.</li> <li>Coaches will stay out of the middle of the field &amp; goal box.</li> </ul>	<ul> <li>Coaches and players on one side of the field, parents on the opposite side.</li> <li>Coaches can go 20 yards on their own side of the centerline, up &amp; down the playing field.</li> <li>No coaches on the field.</li> </ul>	<ul> <li>Coaches and players on one side of the field, parents on the opposite side.</li> <li>Coaches can go 20 yards on their own side of the centerline, up &amp; down the playing field.</li> <li>No coaches on the field.</li> </ul>
Goal Kicks	Defensive players must retreat to the halfway line on all goal kicks	Defensive players must retreat to the halfway line on all goal kicks	<ul> <li>Defensive players must retreat to the dashed line on all goal kicks</li> </ul>
**NEW RULES**	<ul><li>NO HEADING</li><li>NO PUNTING</li></ul>	NO HEADING     NO PUNTING     Defensive team must retreat to halfway line when goalkeeper has possession of the ball and cannot engage until field player touches ball	<ul> <li>NO HEADING</li> <li>NO PUNTING</li> <li>Defensive team must retreat to the dashed line when goalkeeper has possession of the ball and cannot engage field player touches ball</li> </ul>



Certified Referee  If a te team by consequence See No O  Code of Conduct Yes, both Ball Size  Size of Fields Size of Goals  Corner Kicks  Offside / Penalty Kicks  Players on the Field 9 (minum of the players)  Players  Players  Red (Houst of the players)  Playing Time for Players  Substitutions  Players  Coac one see parents side.  Location of Coaches and Parents  Playing Time for Coaches and Parents  Playing Time for Coaches and Parents  Playing Time for Coaches and Parents	6 minute halves ertified referee 6-goal rule am beats another more than 6 goals, ences will be issued. Code of Conduct. vertime is played. h parent and coach 4 80' x 50' 6' x 12' YES Offside – YES	2 –35 minute halves  1 certified referee & 2 linesmen  6-goal rule  If a team beats another team by more than 6 goals, consequences will be issued. See Code of Conduct. No Overtime is played.  Yes, both parent and coach  5  110' x 60' 8' x 24' YES
Scoring  Scoring  If a te team b consequence See No O  Code of Conduct  Ball Size  Size of Fields  Size of Goals  Corner Kicks  Offside / Penalty Kicks  Players on the Field  Players  Players  Red (H  Co  Substitutions  Playing Time for Players  Substitutions  Pocac one s parents side.  Coac their center playing tree or consequence of the coac their center playing tree or consequence and their center playing tree or conseq	6-goal rule am beats another or more than 6 goals, ences will be issued. Code of Conduct. overtime is played.  h parent and coach  4  80' x 50'  6' x 12'  YES	6-goal rule If a team beats another team by more than 6 goals, consequences will be issued. See Code of Conduct. No Overtime is played.  Yes, both parent and coach  5 110' x 60' 8' x 24' YES
Scoring  team by consequence See No O  Code of Conduct  Yes, bo  Ball Size  Size of Fields  Size of Goals  Corner Kicks  Offside / Penalty Kicks  Players on the Field  Players  Players  Players  Red (Hongo)  Concessocce  Uniform / Numbers  Playing Time for Players  Substitutions  Players  Coac one separer side.  Location of Coaches and Parents  team by consequence See No O  Wes, bo  Kicks bo  Must 2012  Can of Socces  Uniform / Numbers  Fach play 25 m  Unlimite throw-ins, one separer side.  Coac one separer side.  Coac their center playing	am beats another more than 6 goals, ences will be issued. Code of Conduct. vertime is played.  h parent and coach  4  80' x 50'  6' x 12'  YES	If a team beats another team by more than 6 goals, consequences will be issued. See Code of Conduct. No Overtime is played.  Yes, both parent and coach  5  110' x 60'  8' x 24'  YES
Ball Size Size of Fields Size of Goals Corner Kicks  Offside / Penalty Kicks  Players on the Field  Players  Players  Uniform / Numbers  Red (House)  Playing Time for Players  Substitutions  Each play 25 m  Unlimite throw-ins, one s parer side.  Location of Coaches and Parents  Playing Time for Coaches and Parents	4 80' x 50' 6' x 12' YES	5 110' x 60' 8' x 24' YES
Size of Fields  Size of Goals  Corner Kicks  Offside / Penalty Kicks  Players on the Field  Players  Players  Red (H CO  Playing Time for Players  Substitutions  Pocac one spared side.  Location of Coaches and Parents  Parents  Parents  Process  Coac one spared side.	80' x 50' 6' x 12' YES	110' x 60' 8' x 24' YES
Size of Goals  Corner Kicks  Offside / Penalty Kicks  Players on the Field  Players  Players  Uniform / Numbers  Red (House)  Playing Time for Players  Substitutions  Each play 25 n  Unlimite throw-ins, and coac one separer side.  Location of Coaches and Parents  Playing Time for Coaches and Parents  Playing Time for Players  Coac one separer side.  Coac their center playin	6' x 12' YES	8' x 24' YES
Corner Kicks  Offside / Penalty Kicks  Players on the Field  Players  Players  Uniform / Numbers  Playing Time for Players  Substitutions  Each players  Unlimite throw-ins  Coac one separer side.  Parents  Parents  Coac their center playing	YES	YES
Offside / Penalty Kicks  Players on the Field  9 (mi  Must 2012  Can of socce  Uniform / Numbers  Playing Time for Players  Substitutions  Each players  Unlimite throw-ins  Coac one separer side.  Location of Coaches and Parents  Playing Time for Coaches and Parents		
Players on the Field  Players  Players  Players  Players  Players  Players  Playing Time for Players  Substitutions  Playing Time for Players  Coac one sparer side.  Location of Coaches and Parents  Playing Time for Coaches and Parents  Playing Time for Players  Playing Time for Players  Coac one sparer side.  Coac their center playing	Offside – YES	00011
Players  Players  Players  Red (Hongo)  Playing Time for Players  Substitutions  Playing Time for Players  Coac one separer side.  Location of Coaches and Parents  Playing Time for Players  Coac one separer side.  Coac their center playing	oth direct & indirect	Offside – YES Kicks both direct & indirect
Players  Players  Red (House Control C	nimum to start 6)	11 (minimum to start 7)
Playing Time for Players  Substitutions  Coac one s parer side.  Location of Coaches and Parents  Playing Time for Players  Coac one s parer side.  Coac their center playing	be born in 2013 or nly play for one club per season.	<ul> <li>Must be born in 2011, 2010, 2009</li> <li>Can only play for one soccer club per season.</li> </ul>
Playing Time for Players  25 n  Unlimite throw-ins,  • Coac one s parer side.  Location of Coaches and Parents  • Coac their center playin	ome) White (Away ) an have any #	Red (Home) White (Away ) Can have any #
Substitutions  throw-ins  Coac one s parer side.  Location of Coaches and Parents  throw-ins  Coac one s parer side.  Coac their cente playin	er must play at least inutes per game	Each player must play at least 30 minutes per game.
one some some some some some some some som	d substitutions on all goal kicks, following a	Unlimited substitutions on all throw-ins, goal kicks, following a goal or injury
• No co	goal or injury	Coaches and players on one side of the field,
Rosters  Rosters  On fil must day.  **OTHER RULES**	-	<ul> <li>parents on the opposite side.</li> <li>Coaches can go 20 yards on their own side of the centerline, up &amp; down the playing field.</li> <li>No coaches on the field.</li> </ul>