

## Spring 2021 Center of Excellence Information



What: Center of Excellence Player Mid-Season Evaluations

Who: 2013 & 2014 birth year boys & girls

When: Week of Nov 30 & Dec 7

Where: MeSA Soccer Complex

How: Send email to [midseasonevals@carolinaelitesc.com](mailto:midseasonevals@carolinaelitesc.com) that includes player name, gender, current team, birth year, and parent contact information.

The CoE program is designed for the more technically and athletically advanced recreational player who has a strong desire to increase those technical skills while also learning more about the tactical aspects of the game. The Center of Excellence Program will provide an introduction to our Junior Academy Program by providing a more competitive and professional training environment.

The most important aspect of CESA's Center of Excellence is training. Our goal is to develop players who express comfort, confidence, and courage when in possession of the ball.

Center of Excellence teams will compete in the CESA Recreational League on Saturdays and occasionally the CESA Junior Academy League on Sundays. All games will be played at the MeSA Soccer Complex.

Technical and tactical training is provided 2 times per week in 1.5 hour sessions by our professional coaches who will coach the team in all matches.

### **Program Contacts:**

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### **Player Expectations**

- Arrive on time for practice and games.
- Attend all practices and league games.
- Practice at home on basic technical skills.

### **Parent Expectations**

- Support your team's coach and the program by ensuring your child attends training and games as listed above.
- Represent CESA in a positive manner with correct sideline behavior and to set a good example for their player. Parents are not allowed on the field during training sessions.

### **Frequently Asked Questions**

**Q: Is the Center of Excellence the same as the Jr. Academy or Travel soccer?**

A: No. The Center of Excellence Program is specifically designed for players in the 2013 & 2014 birth years. The Junior Academy is for the U9 to U12 age groups. The Travel Program is for players in the U13 to U19 age groups. Like the Travel and Junior Academy Programs, the Center of Excellence Program is staffed by licensed, professional coaches.

**Q: Can a player join a team if he or she did not start the Center of Excellence Program at the U7 level?**

A: Yes! Prior inclusion on a Center of Excellence team is not required. We are always excited to evaluate new players.

**Q: How long is the CoE season?**

A: The Center of Excellence requires roughly a 10 month commitment. The Fall season runs from August to November and the Spring season runs from January to May.

**Q: On which days do "pools" practice?**

A: "Pools" will train any combination of days throughout the week determined by the Center of Excellence staff. Requests are taken into consideration.

**Q: When and how do we find out about game and tournament schedules?**

A: Game schedules are posted online via a link on the CESA website and are updated throughout the season. Coaches will provide splits of the team "pool" by the Tuesday of the weekend's match. All CoE teams will play in the CESA Fall Challenge tournament in November and the CESA Spring Challenge tournament in May.

**Q: What is the cost for the CoE program?**

A: The Spring Club Fee is \$465 (\$300 initial installment; remaining \$165 can be paid in monthly installments) plus a \$120 uniform package purchased through Lloyd's Soccer.

## Parent Testimonials

"....I believe the CoE does a lot of things well; primarily giving the kids excellent instruction and introduction of sound technical and tactical strategies. ....I know why I've had my girls play from CoE to ECNL, because CESA offers strong competition and challenges on and off the field (building character, responsibility and discipline)."

[2011 CoE Girls]

"....So the obvious and #1 answer as to why we signed up (son) for CoE is the qualifications of the coaches. We knew, without a doubt, that (son) would receive quality soccer training which would lend itself to the ultimate goal, which is to improve his skills as a soccer player."

[2011 CoE Boys]

"....her skill of field awareness and passing and general awareness of game has been so much more than rec could have ever offered."

[2012 CoE Girls]

"...she learned so much, but most of all she had so much fun!"

[2012 CoE Girls]

"....I really liked the level of structure of the program, how a lot is expected of the girls yet still in a nice/fun way given their age, and that they are continually challenged to do their best. She is competitive so the practices allowed her to really work hard which was great."

[2012 CoE Girls]

"...having a daughter in the rec program for the past 4 years, I see just how much more technical and intensive the CoE / Junior Academy is than rec. We made a big mistake not having her tryout at (son's) age...."

[2013 CoE Boys]

"....loves everything you have taught and honestly so have we. He has grown so much."

[2013 CoE Boys]